

# SAFE SHOPPING



# STOP!

**If you are sick or have just arrived back to Canada, do not shop.**

*Ask a friend or family member to help*

## Keep Things Clean

- ✓ Practice hand hygiene – carry and use hand sanitizer while shopping and when handling a face covering/mask, touching commonly touched areas or before getting into your car
- ✓ Limit the use of money, use a bank card with the tap feature
- ✓ Touch only what you purchase
- ✓ Gloves are not recommended as they can easily transfer viruses and bacteria from one item to another if not changed in between contact with items

## Keep Your Distance

- ✓ Properly wear a face covering/mask – this is required as of July 7, 2020
- ✓ Stay 2 meters or 6 feet away from other shoppers and employees
- ✓ Wave to or make eye contact with those you meet instead of physical contact
- ✓ If the store seems busy, come back another time to prevent larger gatherings
- ✓ Respect directions and flow of the store you are visiting
- ✓ Respect physical distancing indicators while at the check out
- ✓ Be kind and patient with each other

**NEW**

**For more information, call 1-800-660-5853 or visit [www.healthunit.org](http://www.healthunit.org)**